

Championship Rules

Date: 28/09/25

Doors Open 9.00am

Starting at 09.30 am

Venue: Wildcats Arena, Greenwood Rd, Nottingham NG3 7FJ

Competitors: £15 per event (3 or more events £40). Executive event £30, events in addition to Executive £15 each, 3 for £40, [eg Executive +1 = £45, Executive +2 = £60, Executive + 3 = £70].

Spectators: Adults £10 under sixteen half price; under-five's free.

(Under sixteen to pay on the door, half price fee will be at the organiser's discretion).

TAGB white suits or club suits ONLY to be worn at this event, no International TAGB suits.

Closing date for postal entries 20/09/25, online entries 24/09/25

Categories

Adults: Male and female separate

Children (under 16's): Male and female separate. (Please note there is NO CADETS category).

Executive: Male and female separate. (Black Belts only).

All sparring point stop: Yellow (including yellow stripe), Green, Blue, Red and Black belt. Belt divisions are by belt colour (e.g. green belt includes blue stripe).

Sparring	Ladies	Males	Children
Tiny Tots: (yellow & green belts only, minimum of 4)			up-to 122 cm
Pee Wee:			up to 137 cm
Lightweight:	up-to 55 kg	up-to 70 kg	up to 152 cm
Middleweight	up-to 65 kg	up-to 80 kg	up to 168 cm
Heavyweight	over 65 kg	over 80 kg	over 168 cm

Patterns	
Yellow belt:	Chon-Ji, Dan-Gun, Do San
Green belt:	Do-San, Won-Hyo, Yul Gok
Blue belt:	Yul-Guk, Joong-Gun, Toi Gye
Red belt:	Toi-Gye, Hwa-Rang, Chung Moo
Black belt:	Adults any Black Belt grade pattern (including Chung Moo).

Juniors any Black Belt pattern for their next grading

Destruction	Hand	Foot
Men	Choice (including elbow on black boards)	Choice
Ladies	Choice (including elbow on black boards)	Choice

Executive Pattern & Sparring Knock-out (students entering this event can also pay & enter other black belt events).

Flying Side Kick & Speed Kicking (junior events only)

Tag Team Sparring & Team Patterns (can only be entered & paid for ON THE DAY).

Executives Event Rules

The Executive event will be open to Black Belts, Ladies 35 and over and Men 40 and over.

THIS IS A COMBINED PATTERNS & SPARRING EVENT

Ladies and Men will compete separately with no weight divisions. Entrants in this event may also compete in the traditional Black Belt divisions if they wish.

The Pattern section will be run under European pattern knock-out rules, where two competitors will at the same time perform a pattern STRICTLY taken from the three for their next grading. The pattern the judges consider the best performed is awarded 2 Points.

In the Sparring section the winner of each 2 min bout will be awarded 2 Points, (1 point to each competitor in the event of a draw).

The event-draw will be made on the day. Each competitor will compete in a minimum of 2 bouts of sparring and patterns. Judges will determine placings by the final points tally.

Flying Side Kick Event Rules; Juniors Only

Up to and including 16 years – girls and boys separate divisions.

Grade Divisions (As Per Patterns, enter Code Fsk)

Yellow Stripe to Green Stripe
Green Belt & Blue Stripe
Blue Belt & Red Stripe
Red Belt & Black Stripe
Black Belts

All pads will be provided on the day.

The pads will be held by the area officials, at the competitor's SHOULDER HEIGHT

Each competitor will be given the opportunity of one line-up.

The kick can be performed with choice leg and will be judged on:

Presentation

Technique

Balance

Power

Foot-Shape

The competitor can perform the kick from STANDING OR WITH A RUN UP but must not step out of the ring area.

Judges will score using the pattern score cards.

DEDUCTIONS will be made for:

Loss of balance

Stepping out of the ring area before or after the kick

Missing the focus pad completely

The balancing foot must be off the floor at the point of impact on the pad.

In the event of a play off for 1st, 2nd, 3rd, places, each competitor will be required to perform the kick with the opposite leg.

AWARDS = 1 X GOLD; 1 X SILVER; 1 X BRONZE

Speed Kicking Event Rules; Juniors Only

How many kicks can the competitor complete in 30 seconds?

Up to and including 16 years – girls and boys separate divisions.

Three Grade Divisions Only (Enter Code SK)

Yellow Stripe to Blue Stripe

Blue Belt to Black Stripe

Black Belts

All pads will be provided on the day.

The pads will be held by the area officials, at the competitor's CHEST HEIGHT

RULES:

The attempt can be with a choice leg (l or r)

All kicks must be with the same leg

The kicks must be with the instep

The kicking foot must touch the floor between each kick

Competitors will be discouraged from kicking with impact force

Kick deductions will be made for:

Any kick missing the pad

The kicking foot not touching the floor between kicks.

In the event of a play-off competitor will perform A SECOND ROUND using the opposite leg

AWARDS = 1 X GOLD PER DIVISION

Tag Team Sparring Event Rules

Teams will consist of a 3-person team.

Bouts will be for 4 minutes.

All team matches will be point stop.

When a bout is stopped, team members can touch gloves to change.

All 3 members must fight at some stage during the bout.

Adult Three Person Team.

Please note there are no weights.

Team Gender & Ranks.

MALE	BLACK BELTS.
	RED & BLUE BELTS.
	GREEN & YELLOW BELTS.
FEMALE	BLACK BELTS.
	RED & BLUE BELTS.
	GREEN & YELLOW BELTS.

Children Three Person Team.

Please note children must be at least 122 cm, also there are only two height divisions.

From 122 cm to under 152 cm

Over 152 cm

Gender Team Ranks.

BOYS	BLACK BELTS.
	RED & BLUE BELTS.
	GREEN & YELLOW BELTS.
GIRLS	BLACK BELTS.
	RED & BLUE BELTS.
	GREEN & YELLOW BELTS.

PLEASE NOTE: ENTRY TO THIS EVENT IS ON THE DAY, £15 PER TEAM

Team Pattern Event Rules - 2 Members Per Team

Categories	JUNIORS	Any mix of belts, and mix of boys and girls, BOTH team members must be UNDER 16.
	ADULTS	Any mix of belts, and mix of male and female, BOTH team members must be OVER 16.
	MIXED JUNIOR + ADULT	Any mix of belts and mix of men and ladies. One team member MUST be under 16 years & one team member MUST be over 16 years.

Both Team Members – **MUST** perform the same pattern in unison, from the traditional TAGB patterns list below.

Yellow and Green Belt	Patterns Chon-Ji to Yul Gok.
Blue and Red Belt	Patterns Yul-Gok to Chung Moo.
Black Belt	Any Black Belt Pattern (including Chung Moo).

Both team members perform the pattern applicable to the lowest grade in the team.

A competitor can compete in 2 SEPARATE categories but only in ONE TEAM per category.

ALL TEAMS TO REGISTER ON THE DAY, £10 PER TEAM.

IF THERE IS ONLY ONE TEAM IN ANY CATEGORY, THEY WILL BE AWARDED GOLD.

AWARDS – 1 x GOLD; 1 X SILVER; 1 X BRONZE (Per Team Member)

North Midlands Area Competition Entry Form

School	Instructor
Licence No	Licence Expiry Date
Surname	Initial

Status	Colour Division	Weight	Executive
L for Lady	YE for Yellow	T for Tiny Tots	EM for Executive Male
M for Men	GR for Green	P for Pee Wee	
G for Girl	BU for Blue	L for Light	EL for Executive Lady
B for Boy	RE for Red	M for Middle	
	BK for Black	H for Heavy	

Patterns	Destruction	Speed Kicking	Flying Side Kick
Enter P for Patterns	H for Hand F for Foot H&F for both	SK (Juniors only)	FSK (Juniors only)

Competitor's Signature

Parent's Signature

School Instructor's Signature

Date

Please Insert the code on the right in the "Sparring" box of the form below

Category	Weight	Code
Lady	Up to & inc 55kg Lightweight	L
Lady	Above 55kg up to & inc 65kg Middleweight	M
Lady	Above 65kg Heavyweight	H
Children	Up to & inc 122cm Tiny Tots	T
Children	Above 122cm to & inc 137cm Pee Wee	P
Children	Above 137cm to & inc 152cm Lightweight	L
Children	Above 152cm to & inc 168cm Middleweight	M
Children	Above 168cm Heavyweight	H
Men	Up to 70kg Lightweight	L
Men	Above 70kg to & inc 80kg Middleweight	M
Men	Above 80kg Heavyweight	H

I wish to enrol as a competitor in the forthcoming championships and accept that if this application I partially or incorrectly completed I may forfeit my right to compete, and state that I will accept the result of the official board. I clearly understand that my participation in the event is entirely at my own risk. I certify that the facts stated here are correct and I am fit to take part in the event.

This form must be handed to your Instructor with the appropriate fee. The Instructor should not send this form, instead the details should be entered on the Entry List which should then be sent to the competition organiser.

Please note: If you enter the Executive Event, you can also pay and enter other Black Belt events

North Midlands Area Competition Entry Listing

Send to: TAGB Administration Services PO Box 16641 Tamworth Staffs B77 9NA

Cheques made payable to R Sergiew

Send this form only. Do not send individual entry forms.

School:

Instructor

To enter someone into Sparring AND Executive Sparring please enter the same person's details on two rows directly after each other.				Sex	Belt	Sparring	Patterns	Destruction
				M - Male	BK – Black	T - Tiny Tot	P - Patterns	F - Foot
				L – Lady	RE – Red	P – Pee Wee		H - Hand
				B - Boy	BU – Blue	L - Light		B - Both
				G - Girl	GR - Green	M - Middle		FSK - Flying S Kick
				EM Ex Male	YE - Yellow	H - Heavy		SK - Speed Kick
		EF Ex Female		Ex - Exec		BK - Both Kick		
	Licence No	Initial	Last Name					
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Your Return Address

Number of events		Cost =		
Number of Competitor Tickets				
Number of Spectator Tickets		Cost =		
		Total:		

Please remember to fill in your return address so we can send you your tickets

STRICT CLOSING DATE: entries to be received by Grand Master Sergiew (TAGB Admin) by Saturday 20th
September 2025

North Midlands Area TAGB Officials Application List

Send to: TAGB Administration Services PO Box 16641 Tamworth Staffs B77 9NA

Please Note: ONLY Instructors with students attending the event may submit officials

School:

Instructor

	Initial	Surname	TAGB ID Number	Most recent qualification ie Ref/Ump, Cert Number & Date Obtained		
1						
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STRICT CLOSING DATE: postal entries to be received by Grand Master Sergiew (TAGB Admin) by Saturday 20th September 2025